



UPLANDS MANOR PRIMARY SCHOOL

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Dear Parent/Carer

During the week beginning 3rd June 2025, the year 1 teachers will be talking to the children about the NSPCC's Underwear Rule using the PANTS acrostic:

- *Privates are private*
- *Always remember your body belongs to you*
- *No means no*
- *Talk about secrets that upset you*
- *Speak up, someone can help*

The lessons will introduce a range of ideas, all delivered in a way that is fully age-appropriate. The talk will include discussing:

- *your child's right to say no to things that make them feel upset or uncomfortable*
- *who your child can turn to if they ever feel upset or worried.*

If you would like to know more about the NSPCC's campaign and see how you can help keep your children safe in partnership with your child's school, more information can be found at

<https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/underwear-rule/>

If you have any questions or concerns, please don't hesitate to speak to your class teacher.

Yours sincerely,

Mr J Hemmingway
Year 1 Leader

Achievement

Belief

Creativity

Determination

Enthusiasm



Artsmark
Silver Award
Awarded by Arts
Council England

